

Dear all at DTU

In this year's first DTU Working Environment Info, we at the Working Environment Secretariat would like to thank everyone for the past year. 2024 was another busy year for DTU - and one characterized by increasing turmoil and serious challenges in the world around us. While paying due attention to these challenges - both internationally and domestically - we also succeeded in maintaining a strong focus on opportunities and the development of our working and study environment at DTU.

In this context, DTU's occupational health and safety (OHS) organization plays a major role, and in the individual university units and across DTU in general, competent employees and students are putting constant efforts into developing our working and study environment through dialogue and collaboration.

2025 is bound to be another exciting year and to see numerous good working environment initiatives and actions at DTU. The Corporate Work Environmental Committee's strategic action plan for the working environment is the framework around a number of cross-organizational actions that are either being implemented for the first time or are carried over from last year.

For a long time, DTU's OHS organization has been calling for competence development in the area of mental health, for example in relation to themes such as roles and responsibilities, well-being, collaboration and handling of conflicts, sexism, neurodiversity, and stress.

The Corporate Work Environmental Committee has listened and included a competence development project in its 2025 action plan. AHR drives the project and handles much of the teaching. The planned competence development is also a supplement to DTU's mandatory OHS training.

The Working Environment Secretariat is looking forward to the new year and to working for and further developing our working and study environment with a focus on well-being, health, and safety based on collaboration across DTU.

On behalf of DTU's Working Environment Secretariat,
Lars Villadsen, Head of Section CAS AB
Anders Jacobsen, HR Strategic Development

Corporate Work Environmental Committee's action plan

- by Simone Clauwaert, CAS AB

The Corporate Work Environmental Committee's action plan for cross-organizational working environment initiatives at DTU 2025-2028 has now been approved and can be found at [DTU Inside](#).

The action plan should be seen as one of many tools designed to support the positive development of our working environment, and the Corporate Work Environmental Committee's intention is for the plan to help strengthen the planning of the work of the respective university units' work environmental committees.



Virtual morning workouts for employees and students

- by Ann-Rose Bøttcher, CAS AB

On Tuesday and Thursday mornings from 8.30-8.40 a.m., all employees and students at DTU are invited to participate in morning workouts via Teams. The sessions are held in Danish. Even if you do not speak Danish, you will still be able to participate.

The sessions are taken by different fitness instructors, who each focus on different exercises, e.g. low-pace and high-pace resistance band training, stretching with a focus on the neck/shoulders, and exercises for the upper back, neck, shoulders, and lower back. You will need to get hold of your own resistance band. Click [here](#) to read more and get a link to Teams.



Nominations for DTU's Occupational Health and Safety Award

- by Simone Clauwaert, CAS AB

DTU strives to develop and preserve a safe, secure, and healthy working and study environment so that working and studying at DTU is felt to be both physically and psychologically safe. The annual award recognizes and celebrates individuals who are making a special and extraordinary effort to develop the working environment at DTU, and the award is presented by the President at DTU's Commemoration Day.

True to tradition, we are now inviting nominations for this year's award from the individual university units, employees, and students. The form to be used for your nominations can be found at [DTU Inside](#). Nominations must be sent to CAS AB /Leif Warner llwa@dtu.dk no later than Friday 14 February 2025, so that the Corporate Work Environmental Committee can vote among the nominated candidates at the next committee meeting on 3 March 2025.

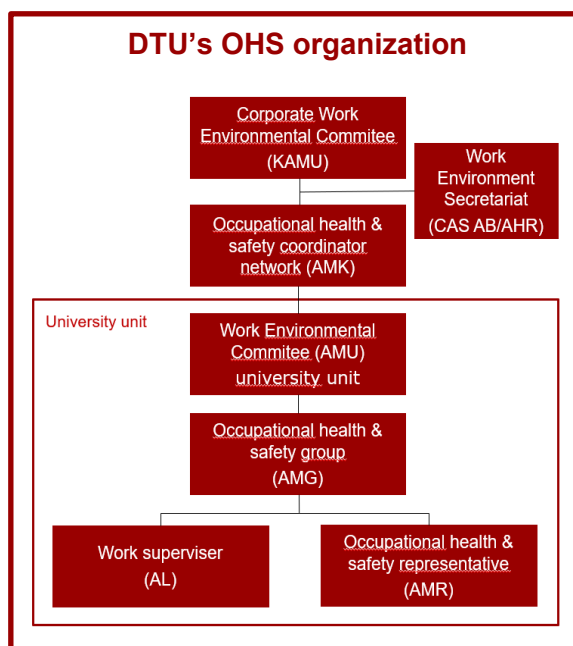
Elections to DTU's OHS organization

- by Leif Leon Warner, CAS AB

Elections to DTU's OHS organization have been held, and the election results will be announced very soon. The university units have been responsible for the elections to their own OHS organizations, while PF arranged the election of student representatives to the work environmental committees in the university units responsible for teaching activities.

We hope the elections have been a positive experience for everyone, and we look forward to welcoming both new and experienced hands on board. At the same time, we would like to take this opportunity to thank the retiring OHS representatives as well as the retiring student representatives for their committed efforts over the years.

Once the results are in, focus will be on ensuring that the new members of the OHS organization are offered the mandatory health and safety training within three months of their election. You can read more about this at [DTU Inside](#).



General recommendations on how to prevent infection

- by Karin Grønlund Fredborg, CAS AB

Winter is upon us - the peak season for common colds and infections. To prevent infection, the best thing you can do is to follow the Danish Health Authority's general recommendations and incorporate the routines into everything you do.

- Stay home if you are ill.
- Open windows and doors and air your home regularly.
- Wash your hands frequently or use hand sanitizer.
- Clean thoroughly and regularly, especially surfaces that are touched by many people.
- Cough and sneeze into your sleeve.

Good hygiene is one of the simplest and cheapest ways of preventing infection. It is a small effort that makes a huge difference to your own health and that of others.

Read more about hygiene in the workplace at [DTU Inside](#).

