

# Map your close network (part 1)

## Exercise

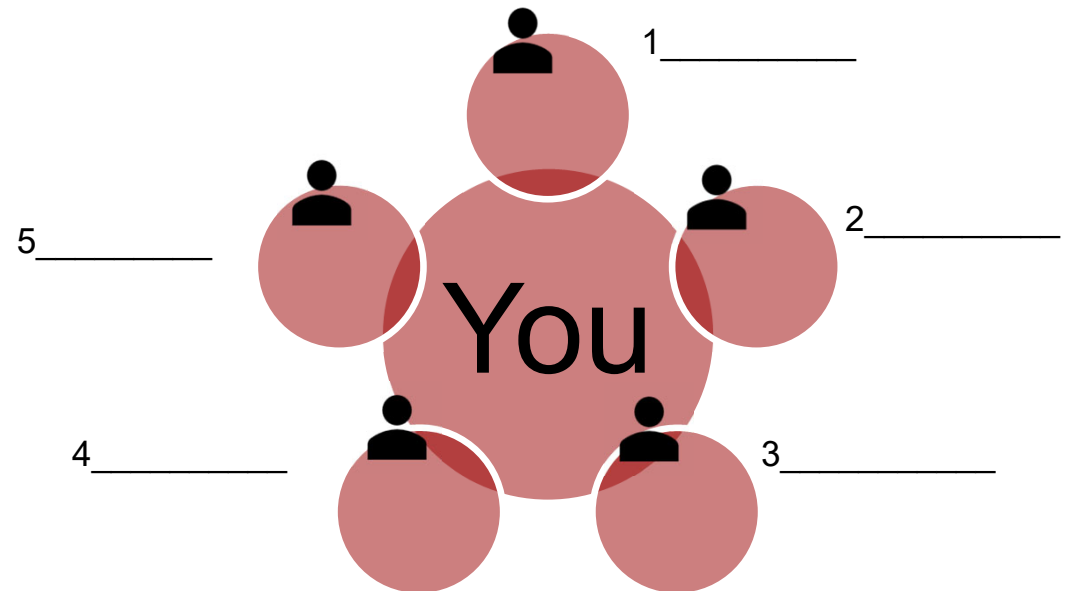
(you can do with a group of colleagues)

## Inner circle

- We all have an inner circle of people (big or small) with whom we feel safe talking to, and with whom we share personal and professional challenges

## Reflection

- Take a few minutes to think about who is in your inner circle (use the model to the right and note down your people)



## Share and reflect on your close network (part 2)

### Take turns

Without sharing the names of your network, take turns exploring the diversity in your networks to find out who the most gets to challenge your perspectives.

### Ask each other questions like:

- ✓ How many have a different gender than you?
- ✓ How many are more than five years younger or older than you?
- ✓ How many come from a different part of the country/world than you?
- ✓ How many have another social background than you?
- ✓ How many have a different religion than you?
- ✓ How many votes different than you at elections?
- ✓ How many have a handicap?
- ✓ [...]

