



Follow-up card

Follow-up card after _____ weeks/months

Theme:

INDIVIDUAL: **How** have you contributed to improving well-being? **What** have you done, **what** would you like to do more/less of, etc.

GROUPS: **How** have you worked with well-being initiatives in your group? **What** is the status of the agreements you made, **what** have you done instead, etc.?

LEADERSHIP: **What** has the leadership done to improve well-being? **What** is the status of the joint agreements, **how** is cooperation, dialogue, etc. going?

ORGANIZATION: **What** initiatives have been implemented in the organization that arose from the discussions at your well-being dialogue? **Why** have you come so far with your well-being dialogue about well-being, **why** not, etc.?