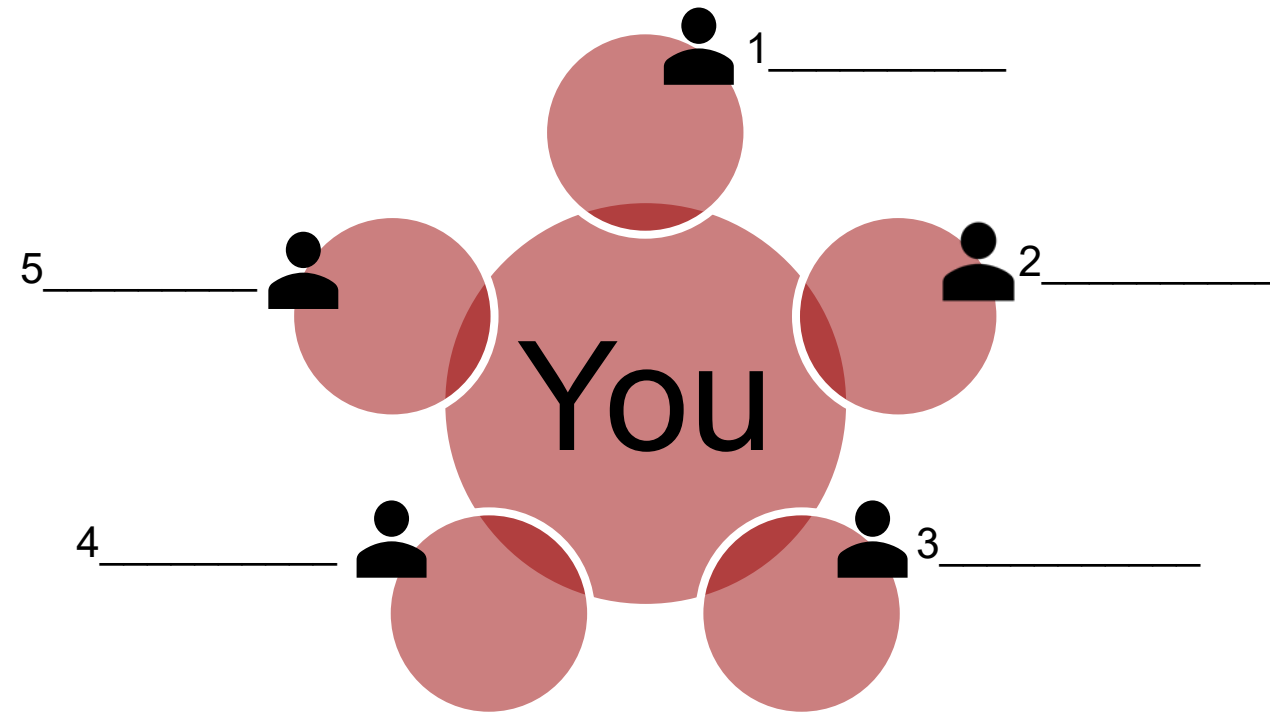


Map Your Close Network (Part 1)"

- **Exercise** This can be done individually or with a group of colleagues.
- **The Close Network** We all have an inner circle of people (large or small) whom we feel comfortable talking to and whom we turn to when we need to make difficult decisions or face challenges. This can include family, friends, colleagues, or even your neighbor.
- **Reflect and Map** Spend a few minutes thinking about who is in your inner circle (use the model on the right and note down 1-5 names). To help with this, try to think of a recent dilemma, conflict, or challenge you faced at DTU and who you turned to for help.



Reflect on your close network (Part 2)

Pair up (if this is a group exercise)

Without sharing names, take turns exploring the diversity in your respective networks and reflect on how much you are challenged by different perspectives.

Ask each other (or yourself) questions like:

√How many people in your network have a different gender or sexuality than you?

√How many are more than ten years older or younger than you?

√How many come from a different part of the country or world than you?

√How many have a different social background than you?

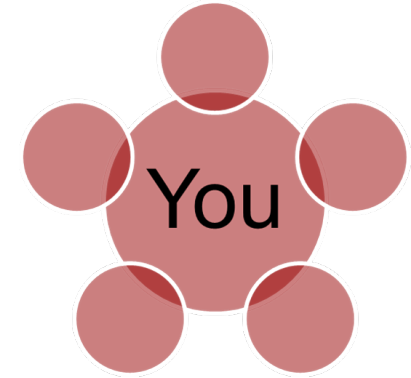
√How many have a different religion than you?

√How many have a different educational background than you?

√How many have a visible or invisible disability?

√To what extent do you think your close network can contribute to different perspectives when you make decisions or share challenges?

√What could you do to invite more or different perspectives? And what would you gain from it?



Inspiration



Exploring different viewpoints helps you see problems from multiple angles. This leads to a deeper understanding of complex issues and improves your decision-making.

There are several ways to invite different perspectives when facing dilemmas, conflicts, or challenges. Some of them are:

- Continue to explore your own potential biases to continuously identify blind spots. For example, you can start by doing the [Bias Bingo exercise](#).
- Get a [bias buddy](#).
- Assemble diverse teams and bring their different perspectives into play, for example, by designing even more [inclusive meetings](#).